

## LIST - BANNED DRUGS

### IMPORTANT!

UMCA has always allowed any level of caffeine, and will allow topical use of cortisone cream for saddle sores. These are the only exceptions!

#### 1. STIMULANTS

- Banned: Amfetamin, Efedrin, Fenilpropanolamin...

#### 2. NARKOTIC ANALGESICS:

- Banned: Codeine, morphine, pethidine and related compounds

#### 3. ANABOLIC STEROIDS:

- Banned: Nandrolone, Stanozolol, DHEA, Testosterone and related compounds

#### 4. BETA BLOCKERS:

- Banned: Atenolol, Propanolol, Acebutolol and related compounds

#### 5. DIURETICS:

- Banned: Furosemide, Triamterene, Hydrochlorthiazide and related compounds

#### 6. PEPTIDE HORMONES AND ANALOGUES:

- Banned: e.g. Human Growth Hormone, HCG, ACTH, etc.

#### 7. BLOOD DOPING INCLUDING »EPO«

#### 8. PHARMACOLOGIC, CHEMICAL AND PHYSICAL MANIPULATION

#### 9. ALCOHOL IN OTHER INTOXICANT

#### 10. ANTIBIOTCS ARE ALL ALLOWED!

#### 11. ANTI - DIARRHEAL:

- Banned: Paregotic

#### 12. ASTMA:

- Banned: Primatene Mist

#### 13. COLD MEDICATIONS:

- Banned: Actifed, Sudafed, Dimetapp, CoAdvil, CoTylenol, Alka Seltzer Plus, Contac, Chlor Trimeton Decongenstant, Benadryl Decongenstant, Entex LA, Nyquil and products containing codeine, ephedrines and phenylpropanolamine

#### 14. PAIN/ANTI - IMFLAMATORY:

- Banned: Darvon, Percocet, Cedoine, Demerol, Daleron Cold 3

